

Gateshead Children and Young People's Primary Care Mental Health Service

## OCD Drop Ins

Is your child or someone you work with (aged 5 – 18 years) struggling with OCD? Why not drop in and meet children's therapists to discuss what you can do to support? Learn more about strategies to support with OCD.

## Free resources to take home.

Venue: Blaydon Primary Care Centre, Shibdon Rd, NE21 5NW Date: Thursday 6<sup>th</sup> March Time: Professionals - 14:30 - 15:30 Parents/Carers - 15:30 - 16:30

Venue: Wrekenton Family Hub, Gateshead, NE9 7JR Date: Friday 7<sup>th</sup> March Time: Professionals - 09:30 - 10:30 Parents/Carers - 10:30 - 11:30

Venue: Whickham Library, 9 Front St, NE16 4DN Date: Monday 10<sup>th</sup> March Time: Professionals - 14:30 - 15:30 Parents/Carers - 15:30 - 16:30

Venue: Christ Church Felling, Gateshead NE10 0HQ Date: Wednesday 12<sup>th</sup> March Time: Professionals - 10:00 - 11:00 Parents/Carers - 11:00 - 12:00

Venue: Gateshead Central Library, Prince Consort Rd, NE8 4LN Date: Thursday 13<sup>th</sup> March Time: Professionals - 14:30 - 15:30 Parents/Carers - 15:30 - 16:30

Venue: Winlaton Centre, North Street, NE21 6BY Date: Thursday 13<sup>th</sup> March Time: Professionals – 09:30 - 10:30 Parents/Carers - 10:30 - 11:30



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## **OCD** Drop Ins

Is your child or someone you work with (aged 5 – 18 years) struggling with OCD? Why not drop in and meet children's therapists to discuss what you can do to support? Learn more about strategies to support with OCD.

Free resources to take home.

Venue: Birtley Leisure Centre, Durham Rd, DH3 2TB Date: Monday 17 <sup>th</sup> March Time: Professionals - 14:30 - 15:30 Parents/Carers - 15:30 - 16:30
Venue: Baltic Centre for Contemporary Art, Gateshead NE8 3BA Date: Wednesday 19 <sup>th</sup> March Time: Professionals - 10:00 - 11:00 Parents/Carers - 11:00 - 12:00
Venue: Dunston, Unit 2, Clockmill Rd, Dunston, Gateshead NE8 2QX Date: Thursday 27 <sup>th</sup> March Time: Professionals - 09:00 - 10:00 Parents/Carers - 10:00 - 11:00



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