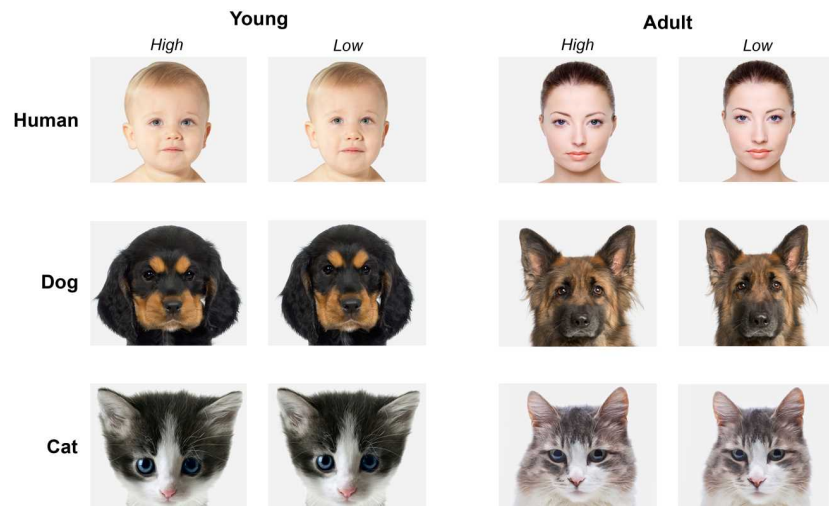




including humans...

All animals start as babies and then grow and develop during their lives.



 <https://www.bbc.com/bitesize/clips/z8x76sg>

One of the most obvious changes as we get older, is that we get bigger! You are growing all of the time, and have changed a lot even since the start of Year 2.

We are all different heights but these are the **average heights** for a boy at different ages.

Birth	1 year	2 years	3 years	4 years	5 years	6 years	7 years
55cm	75cm	85cm	95cm	102cm	110cm	115cm	120cm

Let's put this information on a block diagram...

Birth	1 year	2 years	3 years	4 years	5 years	6 years	7 years
55cm	75cm	85cm	95cm	102cm	110cm	115cm	120cm

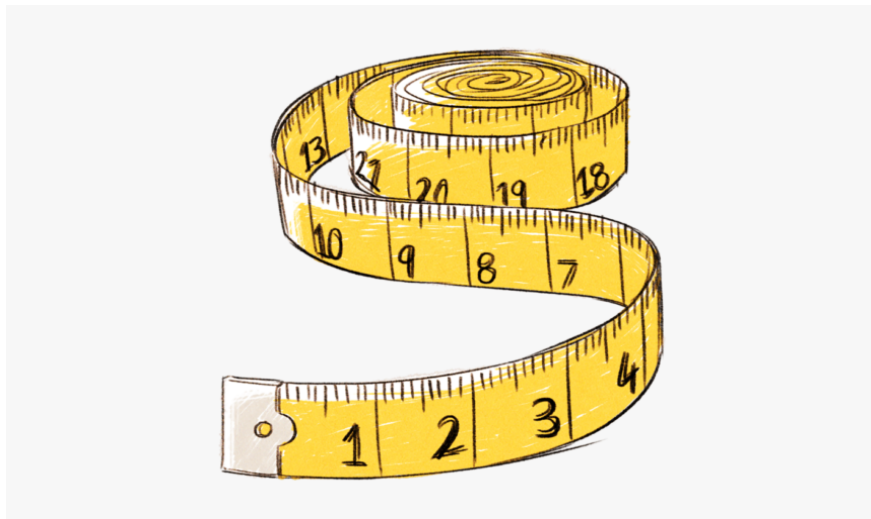
WC Monday 18th April

Content objective: To understand our body changes as we grow	Mr	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Teacher			
Skill objective: To use data to record information	Mr	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Teacher			

Average Height of a Boy in the UK

125cm								
120cm								
115cm								
110cm								
105cm								
100cm								
95cm								
90cm								
85cm								
80cm								
75cm								
70cm								
65cm								
60cm								
55cm								
50cm								
45cm								
40cm								
35cm								
30cm								
25cm								
20cm								
15cm								
10cm								
5cm								
	Birth	1 year	2 years	3 years	4 years	5 years	6 years	7 years

Use the tape measures to measure each other. Are you taller or shorter than the average 6 or 7 year old?



As well as getting bigger, how else do humans change as they grow?



Babies

All babies are born helpless.
They need a parent to do
everything for them.

What does a parent do to take
care of a baby?



Toddlers

At about 1 year old babies start to develop lots of new skills.

They learn to walk and talk. They are a bit wobbly on their feet. They start trying to do things for themselves such as holding the spoon when feeding or building a tower of bricks.

They stop drinking just milk and start to try lots of different food. Toddlers grow and develop muscles to help them move around.

What does a parent have to do to their house to take care of a toddler?

Child

This is the stage of life you are at!
Children are aged 3-12.

During these years you learn lots of new skills such as reading and writing, counting, kicking a ball, swimming, riding a bike.

You have lots of new experiences like starting school, going on a sleepover or getting a pet.



You try different foods and develop tastes you like and dislike.
You grow, both in body size and weight.

What changes are happening to you at the moment?

Teenager

Teenagers are aged between 13 and 19.

Teenagers are getting ready to become adults. They want to try things on their own.

Teenagers eat a lot because they grow and change a lot.

They can get spots and their hair changes.



They can sometimes be a bit grumpy!

This is because new hormones are growing and changing in their body.

Teenagers grow fast so they eat a lot!

How can you tell someone is a teenager?



Adult

Once you are an adult you are fully grown.

It is important you eat healthily and exercise to keep your body working well.

Adults can have babies of their own.

Who are the adults in your family?
Why are they different to you?

