

L.O. Learn how to thread a needle, sew the running stitch and how to join two pieces of fabric with the back stitch.

Now that we have completed our medals, we need to finish them off with a smart bit of ribbon, but how do we go from

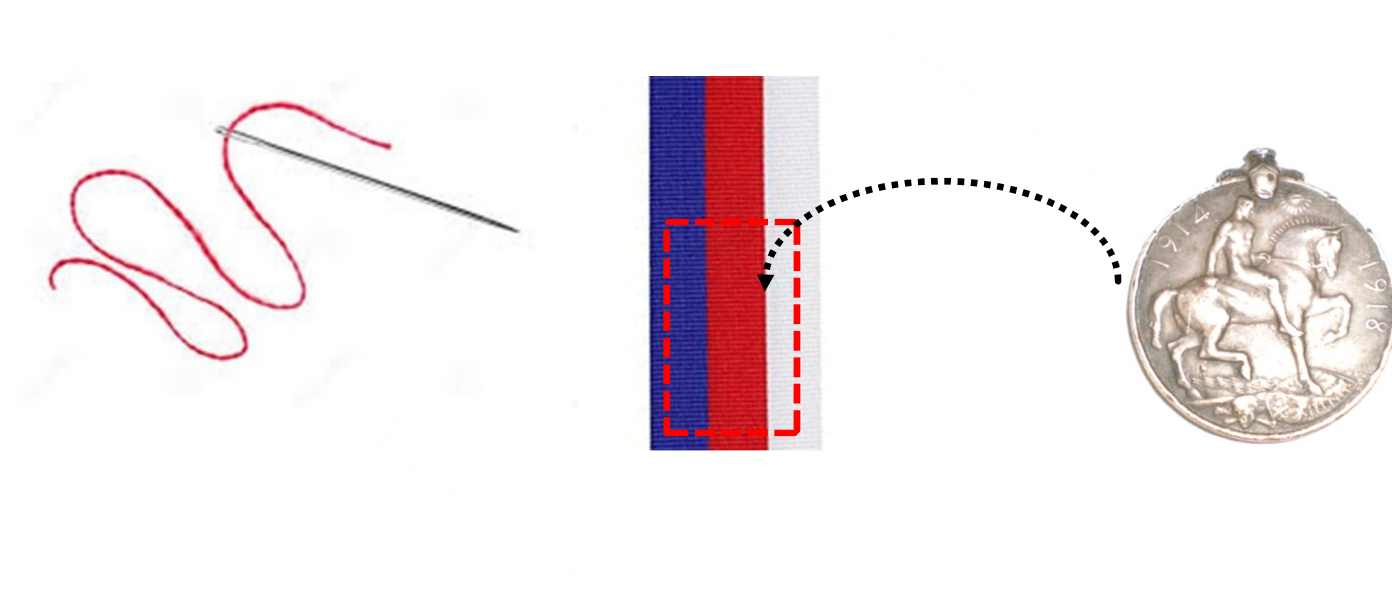
this...



to this...?

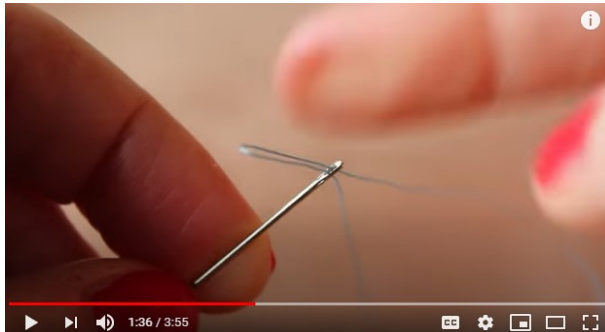


The answer is that we need make a loop of ribbon and sew a small rectangle of stitches to secure the loose ends together. This is where the medal will be attached to, so that we can hang them proudly.



So, to acquire some skills...

How to thread the needle:



How to tie the first knot:



How to sew the **running stitch**:



How to sew the **back stitch**:

