

# GIRLS ONLY FOOTBALL SESSIONS

**Fun and engaging sessions  
for girls only. Encouraging  
girls to try football and  
develop the confidence,  
skills and knowledge to  
play for a mixed or girls  
only football team.**

**MAKE FRIENDS**

**KEEP FIT**

**LEARN NEW SKILLS**

**BARMOOR PLAYING FIELDS**

**MONDAY 6PM - 7PM**

**FIRST 3 SESSIONS ARE FREE**

**£3 PER SESSION**

*FOR MORE DETAILS CALL/MESSAGE*

*TONY ON 07713244023 OR EMAIL*

*TONYDOWSON@SHAPEPERFORMANCE.CO.UK*

