

RE

Theme - Prayer and Worship

Religion - Hinduism

Question - What is the best way for a Hindu to show commitment to God?

LO: To understand how Hindus show commitment to God and to evaluate if there is a best way



Hindus are committed to God and show their commitment in different ways. Hindus believe in a universal God called Brahman, who takes on many different forms that some Hindus worship as gods or goddesses in their own right.

For many Hindus, religion is more a matter of practice than beliefs. What you do may be considered more important than what you believe.

Worship:

These are some objects related to puja (Hindusim).

What do you think each might be used for?

How do you think we should treat each?

Have you seen anything like these before?







What is their object of worship?

Did worship at home show a Hindu's commitment?

How do Hindus worship and show devotion to the gods and goddesses?



Why do they treat their gods and goddesses in such a way?


Does this show commitment to God?

The Hindu morning prayer (Gayatri Mantra)

ॐ भूर् भुवः सुवहः ।
तत्सवितुर्वरेण्यं भर्गो देवस्य धीमहि ।
धियो यो नः प्रचोदयात् ॥
ॐ शान्तिः शान्तिः शान्तिः ॥

OM. Bhūr bhuvaḥ suvaḥ;
Tat savitur vareṇyaṁ bhargo devasya dhīmahi;
Dhiyo yo naḥ pracodayāt.
Om. Śāntiḥ, śāntiḥ, śāntiḥ.

Body of all. Mind of all. Spirit of all.
May we meditate on the radiance of the inner light.
May that Self illumine our thoughts.

 Peace, peace, peace.

Why might Hindus use this prayer?

Does this show a commitment to God?

What is the Hindu way of life and how does this show their commitment to God?

Hindus are given guidance as to how to live their lives through the Vedas which are the oldest religious text in Hinduism and are the law. Most beliefs, concepts and ceremonies are based on information in the Vedas. They cover various subjects from nature to everyday life and behavior.

The four goals (purusharthas)

Hindus recognise four purposes (or goals) of human life, known as purusharthas. Each of the aims is good, and they build upon each other.



- Dharma is the aim of carrying out spiritual duties, worshipping, learning and devoting oneself to the gods and goddesses.
- Kama is the aim of enjoying the good things in life – love, desire and pleasure.
- Artha is the aim of success in work – earning money, providing for a family and doing a good job.
- Moksha is the aim of liberation. It is a blissful state where the atman is no longer reincarnated but becomes totally one with Brahman.

Dharma (teaching) - the code for living ones life

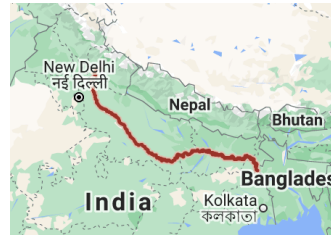
Dharma is an important term in Indian religions. In Hinduism it means 'duty', 'virtue', 'morality', even 'religion' and it refers to the power which upholds the universe and society. Hindus generally believe that dharma was revealed in the Vedas although a more common word there for 'universal law' or 'righteousness' is *rita*. Dharma is the power that maintains society, it makes the grass grow, the sun shine, and makes us moral people or rather gives humans the opportunity to act virtuously.

But acting virtuously does not mean precisely the same for everyone; different people have different obligations and duties according to their age, gender, and social position. Dharma is universal but it is also particular and operates within concrete circumstances. Each person therefore has their own dharma known as *sva-dharma*. What is correct for a woman might not be for a man or what is correct for an adult might not be for a child.

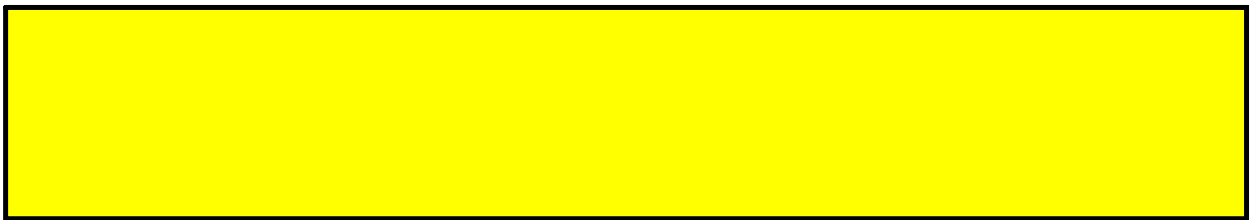
Does following Dharma show commitment to God?

Pilgrimage

The River *Ganges* is an important river to Hindus. This is both for residents (people who live there) and pilgrims (people who visit for religious reasons).



What do Hindus do when they visit?

A large yellow rectangular box with a black border, intended for the user to write their answer to the question.

Why do you think people bathe in the River?

A large yellow rectangular box with a black border, intended for the user to write their answer to the question.



Does going on a pilgrimage show
commitment to God?

Commitment to God

What are the ways a Hindu can show commitment to God?

- Worship (at home)
- Treatment of gods
- The Hindu morning prayer (Gayatri Mantra)
- Way of life (Dharma)
- Pilgrimage

Which do you think is the best way? Why?

Activity Sheet



Year 5: Autumn 1 - Hinduism

Enquiry: What is the best way for a Hindu to show commitment to God?

Name:

Class:

Cut out and fold the 'concertina' book below. You are making this for people who are just learning about Hinduism. Think about which practices show the most commitment and start with these and then work your way through the book, to those you think show the least commitment and give reasons why. On the other side of the book, write about the things you are most committed to personally and how you show this.

<p>Hinduism Hindus show commitment to God by</p>			
<p>My reasons</p>	<p>My reasons</p>	<p>My reasons</p>	<p>My reasons</p>

Make a concertina book - Order the practices that show the most commitment.

Write them in the concertina book to educate younger learners about Hinduism.

These will be given to a younger class to help their learning.

On the back, think about the things you are most committed to and how you show this.

(Self) Assessment



Year 5 My Learning Progress

(Please highlight a green, a blue and a red outcome)

These are aligned to the sequence of teaching/learning Steps 1-4 on the medium-term planning page.

Name:

Class:

Year 5 Autumn 1	What is the best way for a Hindu to show commitment to God?	Comments
WORKING TOWARDS	I can express why showing commitment to something may be a good thing. I can describe some of the ways that Hindus choose to show commitment to God and am starting to understand that they may do this in different ways. I can express an opinion on which way I think might be the best way for Hindus to show their commitment to God and start to give my reasons.	
(Level 3)		
Year 5 expectation	I can show an understanding of why people show commitment in different ways. I can describe how different practices enable Hindus to show their commitment to God and understand that some of these will be more significant to some Hindus than others. I can express why I think Hindus might choose different ways to show commitment to God.	
WORKING AT		
(Level 4)		
WORKING BEYOND	I can explain why one way of showing commitment may not be better than another. I can explain why it is important to Hindus to show their commitment to God and can describe different ways they choose to do this. I can offer my own opinion on how it might be best for a Hindu to show commitment to God with supported reasoning.	
(Level 5)		

I am proud that I

