

WEEKLY MENU



ADDITIONAL DESSERTS

Options available daily to choose from: raisins, fruit salads, fresh fruits, yoghurt's, cheese & crackers

SALAD BAR

Your child's 5 a day top up station!
Freshly prepared salad bar items such as cucumber sticks, mixed peppers sticks, tomatoes, sweetcorn, lettuce, beetroot, potato or pasta salads, hummus, cous cous, etc. (minimum 5 items available daily)

WEEK 1

1ST CHOICE MAIN DISH

Pizza margarita with pasta, mixed vegetables or baked beans

2ND CHOICE VEGETARIAN DISH

Vegetable & bean cobbler with new potatoes & seasonal vegetables or baked beans

JACKET POTATO

Freshly baked golden jacket potato with choice of fillings

DESSERT

Flapjack

MONDAY

TUESDAY

BBQ chicken fillet, jacket wedges, sweetcorn & green beans

Cheese puff pastry parcel, potato wedges & seasonal vegetables

Ginger biscuit

WEDNESDAY

Roast beef, Yorkshire pudding, mashed potatoes, carrots, broccoli & gravy

Tomato, mozzarella & vegetable pasta bake with garlic bread

Chocolate marble cake & custard

THURSDAY

Chicken curry with steamed rice, cucumber raita & naan bread

Vegetarian sausages, mashed potatoes & mixed vegetables

Jelly & fruit

FRIDAY

Fish fingers with chips & peas

Vegetables in sweet & sour sauce with egg noodles

Fruity tray bake

WEEK: 1

03/09/18, 24/09/18,
15/10/18, 12/11/18,
03/12/18, 07/01/19,
28/01/19, 25/02/19,
18/03/19, 22/04/19,
13/05/19, 10/06/19,
01/07/19

WEEK 2

1ST CHOICE MAIN DISH

Pork meatballs in tomato sauce with pasta & seasonal vegetables

2ND CHOICE VEGETARIAN DISH

Spanish omelette bake, seasonal vegetables & new potatoes

JACKET POTATO

Freshly baked golden jacket potato with choice of fillings

DESSERT

Lemon shortbread

MONDAY

TUESDAY

Mild turkey con carne with steamed rice, seasonal vegetables & tortilla

Cheese & tomato flat bread pizza, garlic & herb potatoes served with salad or seasonal vegetables

Waffles & fruits drizzled in chocolate sauce

WEDNESDAY

Roast chicken with Yorkshire pudding, gravy, roast potatoes & vegetables

Sweet potato & bean burger, hand cut potato wedges, coleslaw or choice of vegetables

Blueberry muffin

THURSDAY

Minced beef pie with creamed potatoes & seasonal vegetables

Creamy vegetable Korma with rice & mini naan

Ice cream & fruits

FRIDAY

Crispy battered salmon fillet with chips & peas

Traditional quiche with chips, peas or salad

Sticky toffee pudding with toffee sauce

WEEK: 2

10/09/18, 01/10/18,
29/10/18, 19/11/18,
10/12/18, 14/01/19,
04/02/19, 04/03/19,
25/03/19, 29/04/19,
20/05/19, 17/06/19,
08/07/19

WEEK 3

1ST CHOICE MAIN DISH

Ham & sweetcorn Pizza served with pasta, baked beans or salad

2ND CHOICE VEGETARIAN DISH

Boston baked beans served with steamed rice & seasonal vegetables

JACKET POTATO

Freshly baked golden jacket potato with choice of filling

DESSERT

Raspberry cookie

MONDAY

TUESDAY

Pork sausage & mash with gravy & seasonal vegetables

Macaroni & cheese, garlic bread with mixed vegetables

Apple & raisin cake with custard

WEDNESDAY

Minced beef & dumplings, roasted potatoes & vegetable medley

Tomato & mozzarella melt served with jacket wedges

Chocolate mousse with mandarin segments

THURSDAY

Sweet chilli chicken wrap, rainbow rice, seasonal vegetables or coleslaw

Quorn & lentil Shepherd's pie with mixed vegetables

Carrot cake cup cake

FRIDAY

Battered cod fillet portion served with chips & peas

Veggie koftas in pitta bread pockets with chips, salad with yoghurt & mint sauce

Ice cream & fruits

WEEK: 3

17/09/18, 08/10/18,
05/11/18, 26/11/18,
17/12/18, 21/01/19,
11/02/19, 11/03/19,
01/04/19, 06/05/19,
03/06/19, 24/06/19,
15/07/19

2 3 4 5 6

x3

x17

x2