

**Heel & Toe**  
Children's Charity  
Small Steps Lead To Great Things

Sponsored by  
**IM** irwinmitchell

# Superhero Walk

Riverside Park Chester le Street  
Sunday 11th May  
10.30am-12.30pm  
1.5 miles

Registration £7.50 per child and adults free

Min sponsorship £50 per household

Photo opportunities available with characters from  
**Boom!**  
Every child receives a goody bag and certificate  
Fancy dress optional  
**Tride Kids**

To book scan the QR code, contact Caroline at [caroline@heelandtoe.org.uk](mailto:caroline@heelandtoe.org.uk) or visit our website [www.heelandtoe.org.uk/events](http://www.heelandtoe.org.uk/events)  
Charity number 1125695




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# MINI & JUNIOR GNR

## SATURDAY 6TH SEPTEMBER 2025

Join our Heel & Toe Mini & Junior Great North Run team and enjoy the run whilst raising money for children with disabilities here in the North East.



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£7.50 Registration fee  
Low sponsorship target of just £50.00  
Charity T-shirt supplied

**Mini GNR Category - 3-8 years old**  
**Junior GNR Category - 9-16 years old**

To book contact Kirsty on  
[Kirsty.hutton@heelandtoe.org.uk](mailto:Kirsty.hutton@heelandtoe.org.uk)  
or visit our website: [www.heelandtoe.org.uk/events](http://www.heelandtoe.org.uk/events)



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Registered Charity Number: 1125695