



Year 5 & 6 RE

Spring 2020

Hinduism Lesson 2

Recap - What did we discuss during our last lesson?

What makes you you?

What makes you unique?

What is the essence of you?

Do you think that there is something of your parents/
grandparents in you that has carried through generations
even though you are unique?

LO: To understand the Hindu belief that there is one God with many different aspects.

Hindus believe in a universal soul or God called Brahman.

Hindus believe that there is a part of Brahman in everyone and this is called the Atman (like the essence of someone).

Atman means 'eternal self'. It is often referred to as 'spirit' or 'soul' and indicates our true self or essence which underpins who we are.



Do you believe that there is a soul for people?
For animals?

Hindus believe that Brahman takes on many forms which some Hindus worship as gods or goddesses in their own right. These gods are sent to help people find / understand the universal God (Brahman).

The Three Main Hindu Gods (tri-murti)



Brahma
Creator

Vishnu
preserver

Shiva
destroyer



Hindu beliefs about God

This clip is from

Most Hindus also have a personal god or goddess such as Shiva, Krishna or Lakshmi to whom they pray regularly.

How do Hindus choose which god to pray to?



This is the story of Lakshmi - the goddess of wealth, happiness and prosperity.



LO: To understand the Hindu belief that there is one God with many different aspects.

Although Hindus will worship many gods, they believe that there is one God who Hindus see in many different forms and that is Brahman. The essence of each of the gods is Brahman.

1. What or who do Hindus think Brahman is?
2. Why are there so many gods in Hinduism?
3. How can Brahman be everywhere and in everything?
4. What are your thoughts about Hindu beliefs?