

Gateshead Children and Young People's Primary Care Mental Health Service

Phobia Drop Ins

Is your child or someone you work with (aged 5 – 18 years) struggling with phobias? Why not drop in and meet children's therapists to discuss what you can do to support? Learn more about strategies to support with phobias.

Free resources to take home.

Venue: Wrekenton Family Hub, Gateshead, NE9 7JR Date: Friday 1 st November Time: Professionals - 9:30 - 10:30 Parents/Carers –10:30 – 11:30
Venue: Christ Church Felling, Gateshead NE10 0HQ Date: Wednesday 6 th November Time: Professionals – 10:00 - 11:00 Parents/Carers – 11.00 – 12.00
Venue: Blaydon Primary Care Centre, Blaydon-on-Tyne NE21 5LS Date: Thursday 7 th November Time: Professionals – 14:30 – 15:30 Parents/Carers – 15:30 – 16:30
Venue: The Baltic Centre for Contemporary Art, Gateshead NE8 3BA Date: Wednesday 13 th November Time: Professionals – 10:00 – 11:00 Parents/Carers – 11:00 – 12:00
Venue: Daisy Chain, Team Valley, Gateshead NE11 0BD Date: Thursday 14 th November Time: Professionals – 09:30 – 10:30 Parents/Carers – 10:30 – 11:30
Venue: Winlaton Centre, Winlaton, Blaydon NE21 6BY Date: Thursday 14 th November Time: Professionals – 9:30 – 10:30 Parents/Carers – 10:30 – 11:30





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Date: Thursday 14 th November	
Time: Professionals - 14:30 - 15:30	Parents/Carers – 15:30 – 16:30
Venue: The Drop In, Dunston, Gates Date: Thursday 28 th November	head NE8 2QX
Time: Professionals – 9:00 - 10:00	Parents/Carers – 10.00 – 11.00
Venue: Birtley Library, Birtley, Chest Date: Friday 29 th November	ter-le-Street DH3 1LE
Time: Professionals – 12:00 – 13:00	Parents/Carors - 13:00 - 11:00



supporting people, communities and GPs Service provided by South Tyneside and Sunderland NHS Foundation Trust