

# Gateshead Autism Hubs

## Parent support groups

**Do you live in Gateshead?**

**Are you a parent/carer of parents and carers of an autistic child or young person aged 0-25 years?**

*The groups are friendly and welcoming but feel free to bring a friend, partner, relative or anyone else for support. Please note, these are group sessions and 1:1 support cannot be provided.*

*Sessions are designed for adults so that you can get the most from the support provided. No booking is required, and your young person does not need to have a diagnosis.*

**Get support and advice**  
**Signposting**  
**Share top tips**  
**Meet other parents**  
**Access resources**

**WHEN: Thursdays / daytime monthly session / 9:30-11:30am**

**WHERE: Deckham Family Hub**

The Elgin Centre, Elgin Rd, Deckham, Gateshead NE9 5PA

**UPCOMING DAYTIME DATES**

2023: 16th Nov / 7th Dec

2024: 4th Jan / 1st Feb / 7th Mar / 2nd May

**For more information, please contact the Gateshead Autism Hubs team:  
[gatesheadautismhubs@daisychainproject.co.uk](mailto:gatesheadautismhubs@daisychainproject.co.uk). No booking required!**

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**Get support and advice**  
**Signposting**  
**Share top tips**  
**Meet other parents**  
**Access resources**

**WHEN: Thursdays / evening monthly session / 6-7:30pm**

**WHERE: Deckham Family Hub**

The Elgin Centre, Elgin Rd, Deckham, Gateshead NE9 5PA

**UPCOMING EVENING DATES**

2023: 9th Nov / 14th Dec

2024: 11th Jan / 8th Feb / 14th Mar / 9th May

**For more information, please contact the Gateshead Autism Hubs team:  
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