



Summer Holiday Activity Programme 2025

**Activity sessions for children with SEND.
Relaxed & friendly sessions full of sports, games
and activities to get involved in.
Siblings welcome too!**

**Session ages are a guide, please contact
us to have a chat to discuss your
individual child's needs.**

**We are not postcode restricted, so please
book onto any sessions/events you are
able to travel to!**

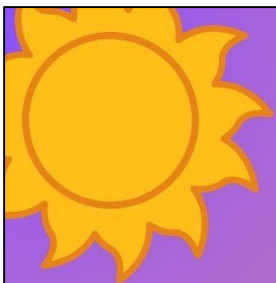
Tyne & Wear

County Durham

Northumberland

**For more information visit:
www.smilethroughsport.com/whats-on**





Summer Holiday Activities

Week 1 - 21st July - 25th July

SEND / disability specific activity sessions



Monday

Outdoor games (8 plus)
10.30am-12.30pm
Gibside National Trust,
Gateshead, NE16 6BG
FREE

Adapted Cycling (8 plus)
12.30pm-2pm
Newburn Activity Centre,
Newcastle, NE15 8ND
£4pp

Boccia session
4pm-5.45pm
Concordia Leisure Centre,
Cramlington, NE23 6YB
£4pp

Tuesday

Multi-sport session (8 plus)
1.30pm-3.30pm
Cramlington Community
Centre, Cramlington
NE23 1DT
£4pp

Wednesday

Multi-sport session (8 plus)
2.30pm-4.30pm
Tyneside Badminton Centre,
Newcastle, NE5 2TA
£4pp

Thursday

Outdoor games (8 plus)
10.30am-12.30pm
Souter Lighthouse
National Trust, SR6 7NH
FREE

Friday

Visual Impairment
Sport session (6 plus)
10am-12nn
Cedars School, Gateshead
NE9 6QD
£4pp

Multi-sport session (4-7 yrs)
1pm-2.30pm
Cedars School, Gateshead
NE9 6QD
£4pp

Book Now

info@smilethroughsport.com

or 01670 457 757



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Summer Holiday Activities

Week 2 - 28th July - 1st August

SEND / disability specific activity sessions



Monday

Outdoor games (8 plus)
10.30am-12.30pm
Gibside National Trust,
Gateshead, NE16 6BG
FREE

Adapted Cycling (8 plus)
12.30pm-2pm
Newburn Activity Centre,
Newcastle, NE15 8ND
£4pp

Boccia session
4pm-5.45pm
Concordia Leisure Centre,
Cramlington, NE23 6YB
£4pp

Tuesday

Multi-sport session (8 plus)
10am-12nn
Nissan Leisure Centre,
Sunderland, SR5 3NS
£4pp

Multi-sport session (8 plus)
1.30pm-3.30pm
Cramlington Community
Centre, Cramlington
NE23 1DT
£4pp

Wednesday

Multi-sport session (8 plus)
2.30pm-4.30pm
Tyneside Badminton Centre,
Newcastle, NE5 2TA
£4pp

Thursday

Outdoor games (8 plus)
10.30am-12.30pm
Crook Hall, National Trust,
Durham, DH1 5SZ
FREE

Friday

Visual Impairment
Sport session (6 plus)
10am-12nn
Cedars School, Gateshead
NE9 6QD
£4pp

Multi-sport session (4-7 yrs)
1pm-2.30pm
Cedars School, Gateshead
NE9 6QD
£4pp

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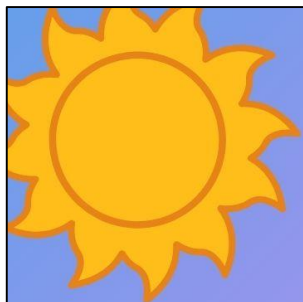
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Summer Holiday Activities

Week 3 - 4th August - 8th August

SEND / disability specific activity sessions



Monday

Outdoor games (8 plus)
10.30am-12.30pm
Gibside National Trust,
Gateshead, NE16 6BG
FREE

Adapted Cycling (8 plus)
12.30pm-2pm
Newburn Activity Centre,
Newcastle, NE15 8ND
£4pp

Boccia session
4pm-5.45pm
Concordia Leisure Centre,
Cramlington, NE23 6YB
£4pp

Tuesday

Multi-sport session (8 plus)
10am-12nn
Nissan Leisure Centre,
Sunderland, SR5 3NS
£4pp

Multi-sport session (8 plus)
1.30pm-3.30pm
Cramlington Community
Centre, Cramlington
NE23 1DT
£4pp

Wednesday

Outdoor games (8 plus)
10.30am-12.30pm
Washington Old Hall
National Trust, NE38 7LE
FREE

Multi-sport session (4-7)
10.30am-12nn
Balkwell Community
Centre, North Shields,
NE29 7LU
£4pp

Multi-sport session (8 plus)
2.30pm-4.30pm
Tyneside Badminton Centre,
Newcastle, NE5 2TA
£4pp

Thursday

Outdoor games (8 plus)
10.30am-12.30pm
Souter Lighthouse,
Sunderland, SR6 7NH
FREE

Multi-sport session (8 plus)
1.30pm-3.30pm
The Louisa Centre,
Stanley, DH9 0TE
£4pp

Friday

Visual Impairment
Sport session (6 plus)
10am-12nn
Cedars School, Gateshead
NE9 6QD
£4pp

Multi-sport session (4-7 yrs)
1pm-2.30pm
Cedars School, Gateshead
NE9 6QD
£4pp

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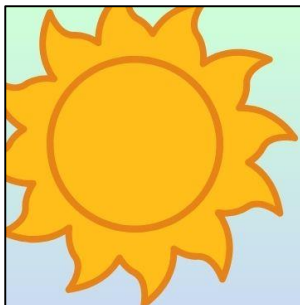
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Summer Holiday Activities

Week 4 - 11th August - 15th August

SEND / disability specific activity sessions



Monday

Outdoor games (8 plus)
10.30am-12.30pm
Gibside National Trust,
Gateshead, NE16 6BG
FREE

Adapted Cycling (8 plus)
12.30pm-2pm
Newburn Activity Centre,
Newcastle, NE15 8ND
£4pp

Boccia session
4pm-5.45pm
Concordia Leisure Centre,
Cramlington, NE23 6YB
£4pp

Tuesday

Multi-sport session (8 plus)
10am-12nn
Nissan Leisure Centre,
Sunderland, SR5 3NS
£4pp

Multi-sport session (8 plus)
1.30pm-3.30pm
Cramlington Community
Centre, Cramlington
NE23 1DT
£4pp

Wednesday

Outdoor games (8 plus)
10.30am-12.30pm
Washington Old Hall
National Trust, NE38 7LE
FREE

Multi-sport session (4-7)
10.30am-12nn
Balkwell Community
Centre, North Shields,
NE29 7LU
£4pp

Multi-sport session (8 plus)
2.30pm-4.30pm
Tyneside Badminton Centre,
Newcastle, NE5 2TA
£4pp

Thursday

Outdoor games (8 plus)
10.30am-12.30pm
Crook Hall, National Trust,
Durham, DH1 5SZ
FREE

Friday

Visual Impairment
Sport session (6 plus)
10am-12nn
Cedars School, Gateshead
NE9 6QD
£4pp

Multi-sport session (4-7 yrs)
1pm-2.30pm
Cedars School, Gateshead
NE9 6QD
£4pp

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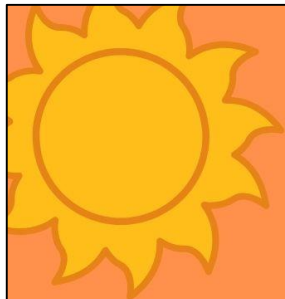
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Summer Holiday Activities

Week 5 - 18th August - 22nd August

SEND / disability specific activity sessions



Monday

Outdoor games (8 plus)
10.30am-12.30pm
Gibside National Trust,
Gateshead, NE16 6BG
FREE

Adapted Cycling (8 plus)
12.30pm-2pm
Newburn Activity Centre,
Newcastle, NE15 8ND
£4pp

Boccia session
4pm-5.45pm
Concordia Leisure Centre,
Cramlington, NE23 6YB
£4pp

Tuesday

Multi-sport session (8 plus)
10am-12nn
Nissan Leisure Centre,
Sunderland, SR5 3NS
£4pp

Multi-sport session (8 plus)
1.30pm-3.30pm
Cramlington Community
Centre, Cramlington
NE23 1DT
£4pp

Wednesday

Outdoor games (8 plus)
10.30am-12.30pm
Washington Old Hall
National Trust, NE38 7LE
FREE

Multi-sport session (4-7)
10.30am-12nn
Balkwell Community
Centre, North Shields,
NE29 7LU
£3pp

Multi-sport session (8 plus)
2.30pm-4.30pm
Tyneside Badminton Centre,
Newcastle, NE5 2TA
£4pp

Thursday

Outdoor games (8 plus)
10.30am-12.30pm
Souter Lighthouse,
Sunderland, SR6 7NH
FREE

Multi-sport session (8 plus)
1.30pm-3.30pm
The Louisa Centre,
Stanley, DH9 0TE
£4pp

Friday

Visual Impairment
Sport session (6 plus)
10am-12nn
Cedars School, Gateshead
NE9 6QD
£4pp

Multi-sport session (4-7 yrs)
1pm-2.30pm
Cedars School, Gateshead
NE9 6QD
£4pp

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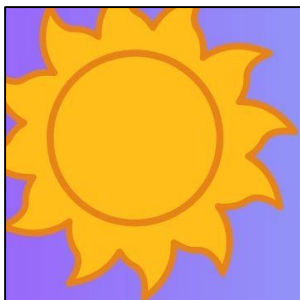
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Summer Holiday Activities

Week 6 - 25th August - 29th August

SEND / disability specific activity sessions



Monday

Tuesday

Wednesday

Thursday

Friday

Bank

Holiday

No

Sessions

Outdoor games (8 plus)
10.30am-12.30pm
Washington Old Hall
National Trust, NE38 7LE
FREE

Outdoor games (8 plus)
10.30am-12.30pm
Crook Hall, National Trust,
Durham, DH1 5SZ
FREE

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