**Week 2 Timetable Ideas**

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|  | **9.00 – 9.30** | **9.30 – 10.00** | **10.30-11.00** | **11.00 – 11.30** | **11.30-12.00** | **12.00 – 1.00** | **1.00 – 1.30** | **1.30 – 3.00** |
| **Monday - Friday** | Exercise  [Joe Wicks workout](https://www.youtube.com/watch?v=Rz0go1pTda8)  [Go Noodle](https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/)  [Cosmic Yoga](https://www.youtube.com/user/CosmicKidsYoga) | Phonics  Practice letter / word cards / books in book bags  Use Oxford Owl website for resources / Read Write Inc Youtube channel for live phonics lesson videos  [Oxford Owl](https://home.oxfordowl.co.uk/)  [Read Write Inc Youtube channel](https://www.youtube.com/playlist?list=PLW-Dpen99Aj5c4_uBZsCyTzSIDIPSyPLR)  Complete Set 2 lessons this week | Break & Snack time | Maths  Numberblocks episodes  [Number 12](https://www.bbc.co.uk/iplayer/episode/m0002674/numberblocks-series-3-twelve)  [Number 13](https://www.bbc.co.uk/iplayer/episode/m00029t7/numberblocks-series-3-26-thirteen)  Use this guide [here](https://www.bbc.co.uk/cbeebies/joinin/numberblocks-help-your-child-with-maths) to give you ideas on what to do with your child whilst watching an episode  Play the Numberblocks adding game  [here](https://www.bbc.co.uk/cbeebies/puzzles/numberblocks-adding-up-quiz)  Write the numbers 0-10  Go on a number hunt around the house | Independent activities  Drawing, writing, reading, colouring, Lego etc…  Also access <https://families.jigsawpshe.com/stuck-at-home/>  at some point during the week for some of our Jigsaw activities (PSHE) | Lunch | Fine Motor activity  Thread some pasta onto a length of wool, cut out some pictures from old birthday cards/ catalogues,  help peg out the washing, make some play dough shapes, help in the garden using some gardening tools | Play based activities  Look at a selection of photographs of family and discuss changes over time.  Draw a picture of the people that live in your house – can you label them?  Make a birthday card to give to a family member.  Play a family board game.  Play with own toys / games inside or in your garden. |